



The Israelites should keep the Sabbath. They should observe the Sabbath in every generation as a covenant for all time. ¹⁷ It is a sign forever between me and the Israelites that in six days the LORD made the heavens and the earth, and on the seventh day the LORD rested and was refreshed. ---Exodus 31:16-17



305 E. Boughton Road
Bolingbrook, IL 60440
630.972.1011 | friendshipchurchumc.org

Worship Service Sundays at 10:00am

Friendship Church is a dynamic multicultural and multigenerational congregation. As followers of Jesus Christ, we celebrate God's gift of diversity and unconditional love. With open hearts, open minds and open doors, we see all people as sacred in God's eyes and embrace each person. We are a Reconciling Congregation and welcome persons of all ages, racial and ethnic backgrounds, sexual orientations, gender identities, socio-economic conditions, physical and mental abilities, and family status.

For more information see <https://rmnetwork.org>.



Rally Against Racism—Sunday, July 18th following worship

The Faith Formation Ministry in partnership with Church Leadership invite you to participate in a Rally Against Racism. This is a conference-wide event and we want to make Friendship Church's voice known as we stand up against racism. We encourage you to make a homemade sign like "Honk for Unity," "Stand Up Against Racism," and stand on the sidewalk in front of the church to draw attention to our commitment to speaking out against racism. This is a "do-it-yourself" rally so if you have other creative and appropriate ways to show your support against racism, please do so.



To the Ladies of the Congregation(18y/o & up), Please join us for Tea and Memories Of Our Matriarchs Presented by Friendship United Methodist Women Social Life

Sunday, July 18th-11:30am*
On the lawn at Friendship Church
Fancy hats and gloves optional.



*We will be gathering right after the Rally Against Racism taking place after services.

Boxed lunches and beverages will be served.

We are celebrating our Mother's, Grandmother's or any female relative's talents. Please bring anything created by your family Matriarchs: quilts, paintings, writings, crafts, spinning, weaving or sewing. Include a printed description of the work, please. You may drop your piece on Saturday by appointment-arrange with Julie Verson at 630-392-3043. Or you may bring it Sunday morning before services.

We look forward to gathering again!

Vacation Bible School

July 27-29

9:00-11:00am



Join us for socially distanced Minute to Win It Competitions, Bible Stories, and Crafts.

For more information or to register or volunteer email:

Miss Theresa at tdfriendshipkids@yahoo.com

Or fumcbolingbrook@gmail.com

Masks will be required.

No Admission Fee, but registration will be required.

Reflections from Pastor Anna Shin

“The Israelites should keep the Sabbath. They should observe the Sabbath in every generation as a covenant for all time. ¹⁷ It is a sign forever between me and the Israelites that in six days the LORD made the heavens and the earth, and on the seventh day the LORD rested and was refreshed.” ---Exodus 31:16-17

As the world around us gradually moves to return to “normal”, the world that we’ve known and missed for a long time, I quickly noticed that everything around us seems to move at faster speeds. It looks like people want to make or catch up for the time we have lost!

I clearly remember those days, that breathless life, yearning for a day with more hours in it so we can complete all we long to do before the pandemic. Do I really want to go back to that reality? And I wonder time in our life is always scarce. Perhaps, but I know it doesn’t need to be.

I learned from the Greek myths that there are two perspectives on time. The Greek God *Chronos* was cursed: he would one day be overthrown by one of his children. So each time a child of his was born, he would devour the child to prevent the curse from taking place. He is depicted with a scythe and is known as the God of agriculture. Later *Chronos* became the name for the kind of time that makes us aware of its passing, linear, chronological and quantifiable, always moving us toward our ends.

There is another kind of time, one that is more life-giving aspects of time: *Kairos*. *Kairos* is known as the God of opportunity and is depicted with wings. *Kairos* was the God of timing, opportunity, chance, and mischance, different aspects of time, qualitative. We experience *Kairos* time when we are with a loved one, immersed in laughter and meaningful conversations, in the flow of creating, and we lose track of what time it is, and we forget even to look at our watches or phones for a while. (Christine Valters Paintner, *Sacred Time*)

How do we open ourselves to Kairos moments more often in life?

Our faith tradition tells us that all living things have a rhythm of life embedded in our physical body: work and rest, movement and stillness. So likewise, there is a beautiful rhythm of rising and fall found in every breath we take, so natural and automatic that we hardly notice it: the rising and setting of the sun each day, the waxing and waning of the moon each month, the summer and winter of the earthly seasons, and the seasons of our lifetimes. Being aware of its rhythm and attuning to it is a spiritual practice to experience the presence of God in our life.

God worked for six days, and on the seventh day, God rested. One Jewish friend said that whenever his family reads Exodus 31:17, they take a deep breath between ‘rested’ and ‘was refreshed.’ It is a way to experience and remember the text.

The sabbath is not just for stopping and resting but for being refreshed. It is for catching our breath and coming alive to our true self, made in the image of God, Creator. In today’s world, where we often feel trapped in drive-ness for upward mobility, remembering the sabbath is a countercultural and spiritual exercise that we are called to do.

I pray you may keep sabbath rest in your daily, weekly, monthly rhythm. Please pray for me so that I may keep it too.

Peace,

Anna Shin

Pastor Anna





Coming Soon to Friendship Church!

As we move forward after 15 months of worship via Zoom conference call, our last service being offered via Zoom will be July 4th. You are welcome to join us for in person worship at 10am on Sundays. No reservations needed, masks for those who are vaccinated are optional, live music will be featured, and there will even be time following service for a bit of fellowship!

If you are not quite ready for in person worship, services will be streamed live via Facebook (facebook.com/fumcbolingbrook) or by searching "Friendship United Methodist Church Bolingbrook"

on YouTube.com.

Children's Sunday School for ages 4 through 5th grade once again be offered in person on Sundays at 10am beginning July 11th. Join us for Bible stories, games, and other fun activities. Questions? Contact Miss Theresa at tdfriendshipkids@yahoo.com.

We have been so blessed during the last year to be able to continue worship and fellowship with all of our friends and neighbors, and we hope you will continue to join us in the way that feels the most comfortable to you.

News from the Faith Formation Ministry Team

The Faith Formation Ministry is excited about our focus on providing an Intentional Discipleship System (IDS) for our members and attendees. An IDS provides a focused, intentional, and prayerful journey map for individuals to self-assess where they are on their walk with Jesus and take intentional steps in developing themselves. Please be prayerful for this ministry. We look forward to sharing more about this in coming months.

As mentioned earlier in this newsletter, the Faith Formation Ministry in partnership with Church Leadership invite you to participate in a Rally Against Racism. This is a conference-wide event and we want to make Friendship Church's voice known as we stand up against racism. We invite you to join us on Sunday, July 18, immediately following worship service. You can purchase a UMC t-shirt from the Northern Illinois Conference website or wear your Friendship Church t-shirt. We also encourage you to make a homemade sign like "Honk for Unity," "Stand Up Against Racism," or something like that. We'll go outside on the sidewalk in front of the church and hold up our signs and wave at people to draw attention to our commitment to speaking out against racism. This is a "do-it-yourself" rally so if you have other creative and appropriate ways to show your support against racism, please do so. We hope to see you on July 18! Being active in the community in speaking up for justice is a part of the Intentional Discipleship System that our church will officially be rolling out in September.

The Northern Illinois Conference Anti-racism Task Force will be piloting a 4-hour workshop titled, "Becoming Anti-Racist: Getting to the Heart of Beloved Community." Our very own Dr. Richard Guzman is chair of this committee. The pilot will be held at Friendship Church on Saturday September 11 from 9:00am to 1:00pm. There will be some limited required pre-reading. Because this is a conference-wide event and a pilot with only 20 people, space is limited. We only have space for 2 people from Friendship Church. If you have questions or are interested in participating, please email Amania at adrane@umcnic.org.



FAITH
Formation

©LPI

Scenes of Summer at Friendship Church





Thank you to all those who have been faithfully donating to the UMW Micro Pantry and West Suburban Community Pantry on Wednesdays! We have received many grateful thanks from those who have been served by these two ministries.

The need for non-perishable food and hygiene items is still great. Please consider purchasing items and dropping them off on Sundays when you attend worship, or during office hours throughout the week (Monday-Friday, 10am-2pm). A cart marked for food donations is located near the welcome center inside the South entrance to the building.

Your generosity is most appreciated!



Coffee, Tea, Hot Chocolate?

Stop by during office hours (Monday-Friday, 10am-2pm) and pick up some coffee, tea, hot chocolate, and other assorted items from the UMW coffee cart.

Purchasing these items supports communities around the globe.

Don't see something you'd like? Contact the church office at fumcbolingbrook.com and they will pass along your request!



Bishop's Appeal Update

Thanks to your generous donations, we were able to donate \$945 to the bishop's appeal offering.

Proceeds from this offering will go to COVID 19 relief around the country and globe.

Many thanks as well for those who donated items to "fill the truck". These items will be used to aid those in need around our country following natural disasters like the tornados of last month.



Offering Information

Thank you for your continued generosity! We are so grateful to our Friendship Family for their support!

Please continue your giving in the following ways: sign up for electronic giving, mail your donation to the church or use this QR code to donate online.



Friendship Community

Prayer Chain

Requests are treated confidentially and shared only with Pastor Anna and the Prayer Chain. The Prayer Chain participants receive weekly prayer requests and pray for submitted requests.

You may send your requests to: 630.972.1011 or fumcbolingbrook@gmail.com

Celebration offerings

The tradition of the Celebration Offering came to us from our African Fellowship.

On the first Sunday of each month as we celebrate God's abundant gifts on our lives, a special offering is taken in addition to the general offering. It's a chance to celebrate the blessings God has bestowed upon our lives. Look for the special offering envelope in the bulletin.

We are grateful for the offerings made in the month of June for unspoken celebrations.

Blessings,
Pastor Anna



Birthdays

Mike DeWitt, Donna McWilliams - 1st
Grant Uscila - 3rd
Nelson Dimgba - 5th
Adey Olatunde - 6th
Sandy Kozlowski - 7th
Dick Baker, RJ Caudill, Megan McWilliams, Melissa Schoonover - 8th
Marcia Devgun - 9th
Margaret Hicks - 11th
Amania Drane, Jerry Fialek - 14th
Jae Han Bernardo, Mike Pidgeon, Dylan Schulenberg - 18th
William Dimgba - 22nd
Angelina Nettey - 24th
Mayowa Olatunde - 26th
Tina Chocian, Roy Herman - 28th
Claire Hanna - 30th

DAYBREAK

Serving at **Daybreak** is a long standing tradition at Friendship. On the third Friday (and following Saturday morning) we donate food, cook and serve two meals. Contact Richard at the number below if you are interested in volunteering.

Monetary donations may be made to the church indicating they are for Daybreak.

Richard Guzman, Coordinator
rrguzman@comcast.net

SENIOR BIBLE STUDY & LUNCHEON

Third Thursday of each month. Lunches are packed for pickup or delivery. Seniors are contacted prior to the day of the lunch to indicate which they prefer. Contact the church office at 630.972.1011 if you wish to be on the list.

AA & GA

Friendship is a place of help and hope for those struggling with addictions. Meetings are open to all.

AA Meetings: Saturdays @ 9am
GA Meetings: Fridays @ 7:30 pm

**DONATIONS FOR LOCAL
FOOD PANTRIES:**
West Suburban Community Pantry
Wednesdays 10am-3pm

Friendship Micro Pantry

Take what you need, leave what you can.
North entrance of the building. Accessible 24/7

**FIRST FRIENDS CHRISTIAN PRESCHOOL
MONDAY-FRIDAY
9:00am-12:00pm**

Contact Chris Bosacki, Director,
chrisbosacki@firstfriendspreschool.info